Classes forming now!

Taekwondo



Registration Fee: \$42/ Residents \$46/ Non-Residents

Session 3: April 13—May 18

Session 4: June 8—July 13

Session 5: August 3—August 24* (reduced price)

Session 6: September 14—October 19

Session 7: November 9—December 15

Class time: Mondays 6:00pm-6:40pm

In this beginning class you will discover an exciting, powerful, and defensive art that develops skills in self-protection, physical agility, and mental awareness. Students can increase muscle development and improve coordination, flexibility, and overall aerobic capacity. Themes discussed within

Register at the Greenwood Community Center 881-4545